Senior Care Management Program – Continuing Care Services

What is Senior Care Management?

Senior Care Management is a program of the Continuing Care Department. Social workers provide short-term care management assistance to at-risk members 65 and older and their families. Cases remain open up to 60 days depending on individual needs.

Senior Care Management provides:

- Planning for future care needs for families and patients to independently access resources and supports.
- Information and referrals to community services and resources including:
  - Home delivered meals
  - Transportation
  - Help at home
  - Financial programs and services
- Short-term counseling and education to address health and social changes affecting daily living.



Additional Services



Caregiver Support Groups – for anyone providing care for an ill or elderly person. The group provides a safe and caring place to share feelings and concerns along with options and solutions for common problems. Groups are led by a social worker and/or a nurse. There is no charge.

For additional information call 858-614-0567.

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http://continuingcare-sandiego.kp.org

To Make a Referral

Anyone may refer a Kaiser Permanente member for Senior Care Management by calling the number listed below. Kaiser Permanente Providers can enter an order in HealthConnect for Social Services, and if appropriate, it will be received by Senior Care Management. Referrals will be responded to within 10 business days.

Phone: (858) 614-0567



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